

# ACTION PLANNING TIP SHEET FOR FOOD BANKERS



## INITIATING WORK ON A NUTRITION POLICY

Persuading managers to initiate work on a nutrition policy may be your next challenge!

Persuasion works best if you frame your communication about the policy in ways that are tailored to the management and communication style of your manager. You do this all the time about other work matters; it's called "managing up". It involves keeping your manager informed, helping him or her make good decisions, solve problems and excel as a leader. Encouraging your manager to support the development of a food bank nutrition policy can be framed in ways that helps him or her to be a progressive and responsive leader.

Here is a list of next steps and resources you can use from this course to present the idea for a policy initiative to your executive director (ED) or manager. These steps will help you organize and clearly communicate your proposal.

Step	Task	Course Resource
1	Write out a timeline on your action plan, which you worked on in Module 1.2 (Week 2). Plan a 6-month to 1-year timeline for the policy development process.	Action plan
2	Identify the resources you will need at each step, including staff time, office space, travel costs and note this in your action plan.	Action plan
3	Schedule a meeting to talk with your ED or direct manager (or both) to present the slides from week 2: The Health & Diet Rationale for a Nutrition Policy.  Then present your suggested timeline for the policy development process: recruitment, meeting facilitation and implementation.  You may want to share hard copies of the resources from this course with the ED to demonstrate the tools available to help with this initiative.	Presentation: The Health & Diet Rationale for a Nutrition Policy  Action plan  Guide to developing a nutrition policy  Guide to convening a nutrition policy working group
4	Work with your ED or manager to facilitate the projected timeline.	