

# APPLE SAND DOLLARS



Serves: 2, Serving size: 3 apple slices

## Ingredients:

1 medium apple, sliced into rounds  
3 tablespoons cream cheese, any flavor

Toppings of your choice:

- Fresh or dried fruit
- Granola
- Nuts
- Chocolate chips
- Coconut flakes
- Others - get creative!



## Directions:

1. Ask an adult to help you slice the apple into thin round slices. Carefully use a knife or small cookie cutter to remove the tough core and seeds from each slice.
2. Spread cream cheese on each slice and sprinkle with your favorite toppings. Make creative designs with your toppings for extra fun!

**Tip:** If you only have plain cream cheese, add flavor by mixing it with strawberry or raspberry jam. You could also use peanut butter instead for a different flavor and source of protein!

