

# Nutrition Ranking in the Pantry

In your section, each of your products should be labeled with a green, yellow, or red tag (choose always, choose sometimes, choose rarely, respectively), attached to its shelf.

When you begin your shift, double check your item(s) using the SWAP poster posted in the dry goods area to ensure the label is correct. If you are unsure of your foods “category” (i.e. fruit, vegetable, mixed dish, snack, etc.), refer to the SWAP guide located in the SWAP station (located on the side of the cooler facing the dry goods area of the pantry).

If your product is labeled correctly, great! If not, go to the SWAP station and trade in your label for the correct one and replace the label(s) on the shelves.

If a product changes throughout your shift, perform the same procedure so that each product is labeled correctly.

\*\*\*Some items do not get a ranking. These include non-food items, nutrition supplements (like vitamins or protein powders), condiments (like ketchup or mayonnaise), cooking staples (like cooking oil), baking staples (like flour or sugar), baby foods, etc.

If you are unsure of your item, refer to the SWAP guide located in the SWAP station.